

**PATIENT APPLICATION FOR CARE**

**Patient Information**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Height \_\_\_\_\_  
Cell Phone \_\_\_\_\_ Weight \_\_\_\_\_  
Soc. Sec. No. \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  
Email \_\_\_\_\_  
Employer \_\_\_\_\_  
Business Phone \_\_\_\_\_  
Occupation \_\_\_\_\_  
Marital Status: M S W D # Children \_\_\_\_\_  
Spouse's Name \_\_\_\_\_

**Guarantor Information If Other Than Patient**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Soc. Sec. No. \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
Employer \_\_\_\_\_  
Business Phone \_\_\_\_\_  
Occupation \_\_\_\_\_  
Marital Status: M S W D # Children \_\_\_\_\_  
Spouse's Name \_\_\_\_\_

Who referred you to our office? \_\_\_\_\_  
-----

**INSURANCE INFORMATION:** Please Check which applies: Work \_\_\_\_\_ Auto Accident \_\_\_\_\_ Other \_\_\_\_\_

Primary Carrier \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone No. \_\_\_\_\_  
Policy \_\_\_\_\_ Group \_\_\_\_\_  
Enrollee \_\_\_\_\_ Birthday \_\_\_\_\_  
Soc. Sec. No. \_\_\_\_\_

Secondary Carrier \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone No. \_\_\_\_\_  
Policy \_\_\_\_\_ Group \_\_\_\_\_  
Enrollee \_\_\_\_\_ Birthday \_\_\_\_\_  
Soc. Sec. No. \_\_\_\_\_  
-----

**WHAT IS YOUR HEALTH PHILOSOPHY?** \_\_\_\_\_

**HOW DO YOU WANT US TO HANDLE YOUR PROBLEM?** Maximum Correction \_\_\_\_\_ Temporary Relief \_\_\_\_\_

**WHAT ARE YOUR EXPECTATIONS OF US?** \_\_\_\_\_

**X-RAY CONFIRMATION:** I consent to spinalgraphic x-rays. I understand that x-rays can be hazardous to an unborn child. At this time, to the best of my knowledge, I am not pregnant.

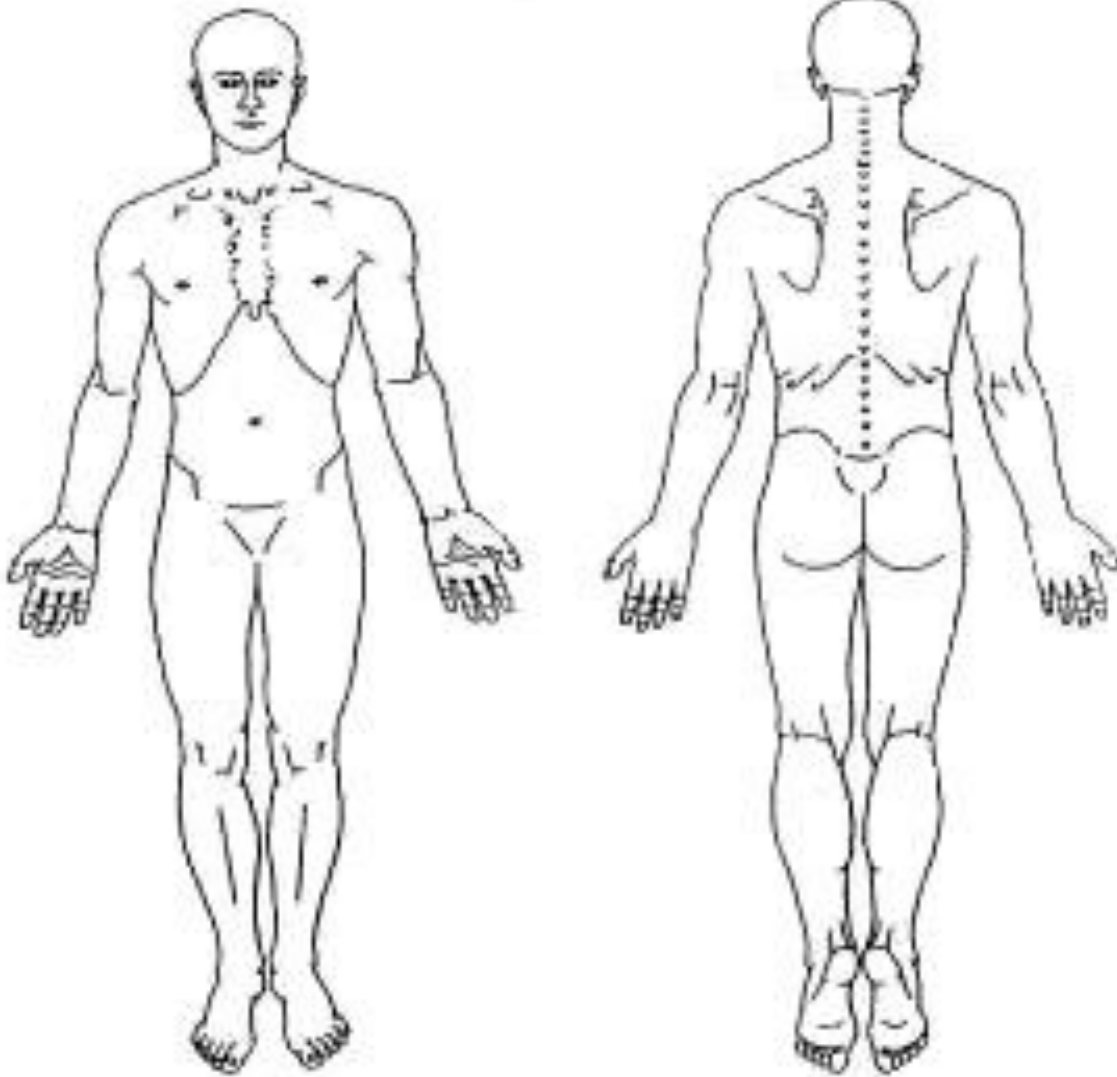
**PATIENT SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

Are you Right or Left handed?

## PATIENT APPLICATION FOR CARE

Draw your areas of pain on the pictures by using the following letters below:

**M** =Mild    **X** =Moderate    **S** =Severe    **N** =Numb



The above information is true and accurate to the best of my knowledge:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Motor Vehicle Collision - Mechanism of Injury

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Date of Collision: \_\_\_\_\_ Hour of Accident: \_\_\_\_\_ AM / PM

Please describe how the collision happened: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

1. What type and year of vehicle were you in? \_\_\_\_\_
2. What type and year of vehicle struck yours? \_\_\_\_\_
3. What was your position in the car? **Driver / Front Passenger / Left Rear / Right Rear**
  - a. If "Driver", were your hands on the steering wheel? **Both / Left only / Right only**
4. Were you wearing a seatbelt? **Yes / No** What type: **Lap Belt / Shoulder Belt / Both**
5. Did the airbags deploy? **Yes / No**
6. Where was your head facing at the time of impact? **Left / Right / Straight Ahead / Inclined / Down**
7. Were you rendered unconscious as a result of the accident? **Yes / No**
8. Direction of Impact: **Front / Back / Left / Right / Other:** \_\_\_\_\_
9. Was your vehicle towed from the scene? **Yes / No**
10. How would you describe the impact; how did it feel? **Mild / Moderate / Severe**
11. 2<sup>nd</sup> Collision: After the first impact, did you strike another vehicle? **Yes / No**
  - a. If "YES", after the first impact, did a 2<sup>nd</sup> vehicle strike your vehicle? **Yes / No**
  - b. \*If 2<sup>nd</sup> Collision – Angle of 2<sup>nd</sup> impact: **Front / Back / Left / Right / Other:** \_\_\_\_\_
12. In relation to the back of your head, was your headrest set: **Low / Middle / High**
13. Were you surprised by the impact? **Yes / No.** If "NO", how did you brace? **w/Hands / w/Feet**
14. Did you feel pain immediately after the accident? **Yes / No**
  - a. Where and how bad? \_\_\_\_\_
  - b. How did the pain feel? **Achy, Deep, Sharp, Stabbing, Throbbing, Piercing, Other** \_\_\_\_\_
15. Did your seat break or bend? **Yes / No**
16. Did you strike anything in the vehicle at the time of impact? **Yes / No** If "YES", specify what part of your body struck what part of the car below: (i.e. head, chest, chin, shoulder, knee, etc.)

|                 |                                  |                       |
|-----------------|----------------------------------|-----------------------|
| EXAMPLE : →     | -Airbag "face and chest"         | -Door "left shoulder" |
| -Airbag         | -Door                            | -Seat                 |
| -Armrest        | -Flying object(s) inside vehicle | -Steering wheel       |
| -Center console | -Headrest                        | -Window               |
| -Dashboard      | -Roof                            | -Other occupant       |
| -Other          |                                  |                       |

17. Did you receive any: **Cuts or Bruises?** (circle and describe): Where? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

# Motor Vehicle Collision - Mechanism of Injury

**Any additional symptoms at the time of the accident? (Circle all that apply)**

- |               |               |               |             |               |                       |
|---------------|---------------|---------------|-------------|---------------|-----------------------|
| -Anxiety      | -Exhaustion   | -Chest pain   | -Depressing | -Dizziness    | -Breathing difficulty |
| -Facial pain  | -Genital pain | -Gluteal pain | -Headaches  | -Irritability | -Loss of appetite     |
| -Low energy   | -Muscle spasm | -Rib pain     | -Shock      | -Soreness     | -Sleeping difficulty  |
| -Stomach pain | -Stress       | -Stunned      | -Tightness  | -Tiredness    | -Numbness or Tingling |
| -Upset        | -Other: _____ |               |             |               |                       |

**Since the Motor Vehicle Collision, what is the status of your symptoms/complaints?**

- |   |   |
|---|---|
| -More pain                                | -Less pain                                      |
| -More stiffness                           | -Less stiffness                                 |
| -Deteriorated daily function at work/home | -Shown no change in daily function at work/home |
| -Worsened quality of life                 | -Stayed the same                                |

**Since the Motor Vehicle Collision, have you experienced any of the following?**

- |                            |        |                         |
|----------------------------|--------|-------------------------|
| A. Loss of Range of Motion | yes/no | What body parts: _____  |
| B. Visual Disturbance      | yes/no | (please explain): _____ |
| C. Dizziness               | yes/no | How often: _____        |
| D. Anxiety                 | yes/no | How often: _____        |
| E. Depression              | yes/no | How often: _____        |
| F. Difficulty Sleeping     | yes/no | How often: _____        |

**Police and Ambulance**

- Was the accident reported to the police? **Yes / No**
- Were traffic citations issued? **Yes / No** If "YES", to whom? \_\_\_\_\_
- Did EMS (Ambulance or Paramedic) arrive at the scene? \_\_\_\_\_
- Did you go to the hospital? **Yes / No** If "YES", when? \_\_\_\_\_
- A- If "YES", how did you get there? **Ambulance / Police Car / Private Transportation**
- B- Were you admitted? **Yes / No** If "YES", how long? \_\_\_\_\_
- C- Name of Hospital? \_\_\_\_\_
- D- What treatment was given? (Circle all that apply)
- |                  |                          |   |
|------------------|--------------------------|---|
| -None            | -Muscle relaxers         | -Instructed regarding concussion        |
| -X-rays          | -Cervical collar         | -Instructed regarding sprains & strains |
| -Stitches        | -Physical therapy        | -Instructed to call an orthopedist      |
| -Bandaged        | -Referred to this office | -Instructed to call a private physician |
| -Pain medication | -Other: _____            |   |

Have you had any other treatments as a result of this injury? \_\_\_\_\_

Symptoms other than any of the above: \_\_\_\_\_

The above information is true and accurate to the best of my knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# AUTO ACCIDENT - PATIENT SYMPTOM FORM

Patient Name: \_\_\_\_\_

**1. Where is the MAIN problem/symptom you are having? (one area, example: neck):** \_\_\_\_\_

|  |   |
|--|---|
| <p>On a scale from 0-10, with 10 being the worst, please <u>circle the number</u> that best describes the <b>pain</b> most of the time:</p> <p style="text-align: center;">0 1 2 3 4 5 6 7 8 9 10</p> <p>Key:<br/>0 = No pain at all<br/>10 = Pain as bad as it could be (i.e. Call 911)</p> | <p>Circle the <b>one</b> that <b>best</b> describes how often you have your pain:</p> <ol style="list-style-type: none"> <li>1. All of the time (constant)</li> <li>2. Most of the time (near constant)</li> <li>3. A good bit of the time (3-4 days/week)</li> <li>4. Some of the time (less than 3 days/week)</li> <li>5. A little of the time (1 day/week)</li> <li>6. Hardly any of the time (less than 4 days/month)</li> <li>7. None of the time</li> </ol> |
|--|---|

- Describe the quality of this pain or discomfort (circle all that apply):
  - achy, annoying, burning, deep, diffuse, dull, heavy, intolerable, pulling, sharp, shock like, stabbing, stiffness, throbbing, tightness, tingling, numbness, other (please describe): \_\_\_\_\_
- Does the symptom radiate to another part of your body (circle one): YES or NO
  - If YES, where does the symptom radiate? \_\_\_\_\_
- Is your symptom getting: better - worse - staying the same (circle one)
- What makes the symptom better? \_\_\_\_\_
- What makes the symptom worse? \_\_\_\_\_
- Did you have this symptom before this accident? Yes or No
  - If YES, date of last occurrence: \_\_\_\_\_
  - If YES, what was the intensity, **1-10** (10= the worst) \_\_\_\_\_, and how often did you have the pain (1-7): \_\_\_\_\_
- Any previous treatment for this problem? YES or NO If YES, what kind? \_\_\_\_\_

**2. Where is the next most bothersome problem/symptom you are having?** \_\_\_\_\_

|  |   |
|--|---|
| <p>On a scale from 0-10, with 10 being the worst, please <u>circle the number</u> that best describes the <b>pain</b> most of the time:</p> <p style="text-align: center;">0 1 2 3 4 5 6 7 8 9 10</p> <p>Key:<br/>0 = No pain at all<br/>10 = Pain as bad as it could be (i.e. Call 911)</p> | <p>Circle the <b>one</b> that <b>best</b> describes how often you have your pain:</p> <ol style="list-style-type: none"> <li>1. All of the time (constant)</li> <li>2. Most of the time (near constant)</li> <li>3. A good bit of the time (3-4 days/week)</li> <li>4. Some of the time (less than 3 days/week)</li> <li>5. A little of the time (1 day/week)</li> <li>6. Hardly any of the time (less than 4 days/month)</li> <li>7. None of the time</li> </ol> |
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  - If YES, what was the intensity, **1-10** (10= the worst) \_\_\_\_\_, and how often did you have the pain (1-7): \_\_\_\_\_
- Any previous treatment for this problem? YES or NO If YES, what kind? \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

3. Where is the next most bothersome problem/symptom you are having?

|  |   |
|--|---|
| <p>On a scale from 0-10, with 10 being the worst, please <u>circle the number</u> that best describes the <b>pain</b> most of the time:</p> <p style="text-align: center;">0 1 2 3 4 5 6 7 8 9 10</p> <p>Key:<br/>0 = No pain at all<br/>10 = Pain as bad as it could be (i.e. Call 911)</p> | <p>Circle the <b>one</b> that <b>best</b> describes how often you have your pain:</p> <ol style="list-style-type: none"> <li>1. All of the time (constant)</li> <li>2. Most of the time (near constant)</li> <li>3. A good bit of the time (3-4 days/week)</li> <li>4. Some of the time (less than 3 days/week)</li> <li>5. A little of the time (1 day/week)</li> <li>6. Hardly any of the time (less than 4 days/month)</li> <li>7. None of the time</li> </ol> |
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- Did you have this symptom before this accident? Yes or No
  - If YES, date of last occurrence: \_\_\_\_\_
  - If YES, what was the intensity, **1-10** (10= the worst) \_\_\_\_\_, and how often did you have the pain (1-7): \_\_\_\_\_
- Any previous treatment for this problem? YES or NO If YES, what kind? \_\_\_\_\_

4. Where is the next most bothersome problem/symptom you are having?

|  |   |
|--|---|
| <p>On a scale from 0-10, with 10 being the worst, please <u>circle the number</u> that best describes the <b>pain</b> most of the time:</p> <p style="text-align: center;">0 1 2 3 4 5 6 7 8 9 10</p> <p>Key:<br/>0 = No pain at all<br/>10 = Pain as bad as it could be (i.e. Call 911)</p> | <p>Circle the <b>one</b> that <b>best</b> describes how often you have your pain:</p> <ol style="list-style-type: none"> <li>1. All of the time (constant)</li> <li>2. Most of the time (near constant)</li> <li>3. A good bit of the time (3-4 days/week)</li> <li>4. Some of the time (less than 3 days/week)</li> <li>5. A little of the time (1 day/week)</li> <li>6. Hardly any of the time (less than 4 days/month)</li> <li>7. None of the time</li> </ol> |
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- Did you have this symptom before this accident? Yes or No
  - If YES, date of last occurrence: \_\_\_\_\_
  - If YES, what was the intensity, **1-10** (10= the worst) \_\_\_\_\_, and how often did you have the pain (1-7): \_\_\_\_\_
- Any previous treatment for this problem? YES or NO If YES, what kind? \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Daily Activities Assessment

## 1. Which activities of daily living are being most affected, since the accident?

Circle all that apply:

- |                           |  |
|---------------------------|--|
| -Employment               | -Homemaking                              |
| -Lifting                  | -Personal care (washing, dressing, etc.) |
| -Sitting                  | -Sleeping                                |
| -Social life              | -Standing                                |
| -Traveling and/or driving | -Walking                                 |
| -Other: _____             |  |

## 2. Which do you have difficulty performing now, since the accident?

Circle all that apply:

- |                        |                              |                       |
|------------------------|------------------------------|-----------------------|
| -Bending over          | -Caring for family           | -Climbing stairs      |
| -Concentrating         | -Dressing self               | -Driving car          |
| -Exercising            | -Getting in/out of car       | -Getting to sleep     |
| -Grocery shopping      | -Performing household chores | -Lifting objects      |
| -Looking over shoulder | -Making love                 | -Lying down           |
| -Reaching overhead     | -Rising out of chair or bed  | -Showering or bathing |
| -Sitting               | -Standing                    | -Staying asleep       |
| -Walking               | -Participating in yard work  |                       |
| -Other: _____          |                              |                       |

## 2. What are your specific goals for care?

Circle all that apply:

- |   |   |
|---|---|
| -To have no functional limitations        | -To decrease stiffness                      |
| -To sleep throughout the night w/o pain   | -To relieve pain                            |
| -To decrease swelling                     | -To walk on all terrain w/o limitation      |
| -To improve all ranges of motion w/o pain | -To be able to hunt w/o limitation          |
| -To be able to life w/o pain              | -To return to sport activity w/o limitation |
| -To improve strength                      | -To return to work w/o limitation           |
| -To improve flexibility                   | -To walk without need of assistance         |

Signature: \_\_\_\_\_ Date: \_\_\_\_\_